



PREFACE

Dear Colleagues,

The main purpose of evidence-based clinical guidelines is to provide physicians with up-to date and solid information in order to minimize medical errors and prevent the superfluous increase in medical costs. Renewed information may sometimes create controversy and confuse those who have not followed the recent literature closely. The Guidelines that were developed by the Study Groups of SEMT created evidence-based roadmaps that also took local data into consideration and attempted to clarify the controversies.

Members of the Turkish Society of Endocrinology and Metabolism have contributed to the Guidelines tirelessly and these efforts will be renewed when major changes in the endocrinology literature become available. These Guidelines were developed by our Society without any financial support from the pharmaceutical or food industry and therefore do not present any conflicts of interest.

I would like to express my gratitude to all those who have devoted their time and efforts to the preparation of these Guidelines, and hope they will be of benefit to all colleagues.

Sincerely,

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President
Society of Endocrinology and Metabolism of Turkey