



## EDITORIAL

Dear Colleagues ,

I would like to welcome you to the Turkish Journal of Endocrinology and Metabolism's first special supplementary edition of 2010 entitled "Clinical Practice Guidelines for Diagnosis, Treatment and Follow-up of Patients with Diabetes Mellitus and its Complications" prepared by the Diabetes Study Group of the Society of Endocrinology and Metabolism of Turkey.

This supplementary edition's topics feature; diagnosis, classification and description of glycemic disorders, the standards of medical care of patients of diabetes, principles of hospitalization in patients with diabetes, targets of glycemic control in patients with diabetes, medical nutrition therapy in diabetes, exercise and physical activity in diabetes, principles of oral antidiabetic and insulinomimetic drug therapy, principles of insulin therapy, current approach to the treatment of type 2 diabetes, principles of continuous subcutaneous insulin infusion therapy, indications for pancreas and islet transplantation, acute and chronic complications of diabetes, diabetic foot ulcers, diabetes management in special situations, treatment of hypertension and dyslipidemia in diabetes and prevention of diabetes are discussed currently . We are convinced that these updated selected items will constitute a scientific reference and guidance to all concerned.

Turk JEM's special supplementary edition is the result of collective and collaborative contributions of so many people. We owe special thanks to the editorial board, publication group, academicians and many more stakeholders for their tireless efforts for the publication of this special issue. I personally would like to thank all the members of the Society of Endocrinology and Metabolism of Turkey as well, for their inputs, efforts and help for publishing this vital and very prestigious edition.

I sincerely would like to thank the editorial board of Turk JEM and our publishing group Galenos for their efforts in issuing this special edition.

Sincerely Yours  
Nilgün Başkal  
Editor-in-Chief